



CONSTANTIA
BOTANICUM
 CAFE & GRILL

BREAKFAST

until 12h00

Avo on Toast (V)++ -add poached egg R8	R44
Eggs on Toast (V) free-range eggs to your liking on toast - add avo R25 - add bacon/gypsy ham R30 - add salmon trout R40	R49
DIY Omelette (V) choice of cheddar/cream cheese, toast - add bacon / gypsy ham R30 - add salmon trout R40	R59
Granola Fruit Salad (V) seasonal fruit, home-made granola, yoghurt, lightly toasted honey coated seed mix	R69
Scrambowl (V) cream cheese scrambled egg, corn, parmesan, sourdough - add bacon / gypsy ham R30 - add salmon trout R40	R69
Mushrooms on Toast (V) sautéed exotic mushrooms on toast - add poached egg R8	R69
Benedict (V) poached eggs, baby spinach, house-made hollandaise, toast - add bacon / gypsy ham R30 - add salmon trout R40	R75
Super Food Chia Breakfast (V)++ coconut chia, vanilla, seasonal fruit	R79
Blueberry Flapjacks bacon, maple syrup, chantilly cream	R79
Tofu Scramble (V)++ harissa spiced tofu, pickled cucumber, toast	R79
Croissant Melt bacon/gypsy ham, scrambled egg, Emmental cheese, rocket	R99
Omega Smash smashed & not so smashed avo, sourdough, salmon trout, poached eggs, lemon infused olive oil	R105
Bagel - fried egg, bacon, rocket, hollandaise - smoked salmon trout, crème fraîche, red onion, capers, lemon	R95 R105
Potato Rösti - bacon, poached egg, rosemary roasted tomatoes, mushrooms, rocket, parmesan - salmon trout, poached egg, crème fraîche, chives	R99 R109
Botanicum Breakfast eggs to your liking, crispy bacon, roasted cherry tomatoes, pork sausage, mushroom, toast - add avo R25	R105
Green Omelette (V) avo, goat cheese, fresh baby spinach, peas, pesto, spring onion - add bacon R30	R109

FRESHLY BAKED

Banana Bread two slices, butter	R45
Croissant cheese and preserve	R50

FRESH JUICES

One orange	R40
Two apple, cucumber, spinach, celery	R40
Three apple, ginger	R40
Four carrot, orange	R40
Five beetroot, carrot	R40
Six ginger, apple, carrot, orange, beetroot	R40
Ginger Shot 25ml	R18
Honey, Lemon, Ginger & Chilli Shot 50ml	R22

COFFEE

double shot standard Espresso	R19
Cortado	R29
Macchiato	R29
Americano	R29
Flat white	R29
Magic Flat White	R29
Latte	R34
Hot Chocolate	R34
Mocha	R38
Chai Latte	R38
Iced Coffee	R38
Red Cappuccino	R38
Honey Nut Latte	R38

Freezochino	R40
Glass of milk	R10
Exchange for soy milk	R10
Exchange for almond	R10

TEA

Ceylon	R20
Rooibos	R20
Earl Grey	R20
Green	R20
Jasmine Queen	R25
The Connoisseur	R25

(V) - Vegetarian

(V)++ - Vegan